

# August

2023

## TARTANS FOOTBALL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23 Coaches' Meeting 7:00 at the Office	24 Equipment / Meetings / Fitness Testing 3:00 - 6:00	25 Practice 1 345 - 545	26 Practice 2 1100 - 200
27 Practice 3 1100 - 200	28 Practice 4 345 - 545	29 Practice 5 345 - 545	30 Practice 6 345 - 545 Athletic Focus 600 - 700	31 Practice 7 345 - 545		

# September

2023

## TARTANS FOOTBALL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Ex Game Depart for Yorkton at noon; game 4:00	2 OFF
3 OFF	4 O Lift / D Film 10 – 11 Practice 8 1130 – 115 O Film / D Lift 130-230	5 Practice 9 345 – 545	6 Practice 10 345 – 545 Athletic Focus 600 - 630	7 GAME #1 5:15 Leibel Campbell @ WKC	8 Team Photo	9 OFF
10 D Lift / O Film 10-1045 Practice 11 1100-100 D Film / O Lift 115-200	11 Film @ Lunch Practice 12 345 – 545	12 Practice 13 345 - 545	13 Practice 14 345 – 545 Athletic Focus 600 - 630	14 GAME #2 5:15 Leibel Oneill @ Campbell HOMECOMING GAME	15 Rundown "Hat Day" – prizes for many different hats	16 OFF
17 OFF	18 Film @ lunch Practice 15 345 – 545 Optional lift 600-630	19 Film @ Lunch Practice 16 345 – 545	20 Practice 17 345 – 545	21 Practice 18 345 – 545 Athletic Focus 600 - 630	22 GAME #3 7:30 Mosaic Campbell @ Leboldus	23 OFF
24 OFF	25 Film @ Lunch Practice 19 345 – 545 Optional Lift 600-630	26 Film @ Lunch Practice 20 345 – 545	27 Practice 21 345 - 545	28 Practice 22 345 – 545 Athletic Focus 600 - 630	29 GAME #4 5:15 Leibel Campbell @ Riffel	30 OFF

# October

2023

## TARTANS FOOTBALL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 O Lift / D Film 10-1045 Practice 23 1100 - 100 D Lift / O Film 115 - 200	2 Film @ Lunch Practice 24 345 - 545	3 Practice 25 345 - 545	4 Practice 26 345 - 545 Athletic Focus 600 - 630	5 <b>GAME #5</b> 7:30 Leibel Miller @ Campbell	6 Rundown Jersey Day - prizes for various categories of jerseys	7 OFF
8 Practice 27 1000 - 1200	9 O Film / D Lift 10 - 1045 Practice 28 1100 - 100 O Lift / D Film 115 - 200	10 Practice 29 345 - 545	11 Practice 30 345 - 545 Athletic Focus 600 - 630	12 <b>GAME #6</b> 7:30 Mosaic Leboldus @ Campbell	13 OFF	14 OFF
15 Practice 31 1100 - 100	16 Film @ Lunch Practice 32 345 - 545 Optional Lift 600 - 630	17 Film @ Lunch Practice 33 345 - 545	18 Practice 34 345 - 545	19 Practice 35 345 - 545 Athletic Focus 600 - 630	20 <b>Quarter Finals @ Leibel</b> 5:15 6 <sup>th</sup> vs 3 <sup>rd</sup> 7:30 4 <sup>th</sup> vs 5 <sup>th</sup>	21 OFF
22 Practice 36 1100 - 100	23 Film @ Lunch Practice 37 345 - 545	24 Film @ Lunch Practice 38 345 - 545	25 Practice 39 345 - 545	26 Practice 40 345 - 545 Athletic Focus 600 - 630	27 <b>Semi Finals @ Mosaic</b> 5:15 and 7:30	28 OFF
29 Practice 41 345 - 545	30 Film @ Lunch Practice 42 345 - 545	31 Film @ Lunch Practice 43 345 - 545				

# November

2023

## TARTANS FOOTBALL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Practice 44 345 - 530	Practice 45 345 - 530 Athletic Focus 600 - 630	<b>CITY FINAL</b> 600 Mosaic	OFF
Practice 46 1100 - 100	Film @ Lunch Practice 47 345 - 530	Film @ Lunch Practice 48 345 - 530	Practice 49 345 - 530	Practice 50 345 - 530	Practice 51 345 - 530 Athletic Focus 545 - 630	<b>PROVINCIAL FINAL</b> In Saskatoon
				<b>Tartan Football '23</b> Awards Banquet Serbian Club 6:00		